

## Students

BP 5030(a)

### STUDENT WELLNESS

The Board of Trustees recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for district students. The Superintendent or designee shall build a coordinated school health system that supports and reinforces health literacy through health education, physical education, health services, nutrition services, psychological and counseling services, health promotion for staff, a safe and healthy school environment, and parent/guardian and community involvement.

- (cf. 3513.3 - Tobacco-Free Schools)*
- (cf. 3514 - Environmental Safety)*
- (cf. 5131.6 - Alcohol and Other Drugs)*
- (cf. 5131.61 - Drug Testing)*
- (cf. 5131.62 - Tobacco)*
- (cf. 5131.63 - Steroids)*
- (cf. 5141 - Health Care and Emergencies)*
- (cf. 5141.22 - Infectious Diseases)*
- (cf. 5141.27 - Food Allergies/Special Dietary Needs)*
- (cf. 5141.3 - Health Examinations)*
- (cf. 5141.31 - Immunizations)*
- (cf. 5141.32 - Health Screening for School Entry)*
- (cf. 5141.6 - School Health Services)*
- (cf. 5142 - Safety)*
- (cf. 5146 - Married/Pregnant/Parenting Students)*
- (cf. 6142.1 - Sexual Health and HIV/AIDS Prevention Education)*
- (cf. 6164.2 - Guidance/Counseling Services)*

To encourage consistent health messages between the home and school environment, the Superintendent or designee may disseminate health information to parents/guardians through district or school newsletters, handouts, parent/guardian meetings, the district or school web site, and other communications. Outreach to parents/guardians shall emphasize the relationship between student health and academic performance.

- (cf. 1113 - District and School Web Sites)*
- (cf. 6020 - Parent Involvement)*

### Nutrition Education and Physical Activity Goals

The Board shall adopt goals for nutrition education, physical activity, and other school-based activities that are designed to promote student wellness in a manner that the district determines appropriate. (42 USC 1751 Note)

- (cf. 0000 - Vision)*
- (cf. 0200 - Goals for the School District)*

The district's nutrition education and physical education programs shall be based on research, consistent with the expectations established in the state's curriculum frameworks and content standards, and designed to build the skills and knowledge that all students need to maintain a healthy lifestyle.

## **STUDENT WELLNESS (continued)**

*(cf. 6011 - Academic Standards)*  
*(cf. 6143 - Courses of Study)*

Nutrition education shall be provided as part of the health education program in grades K-12 and, as appropriate, shall be integrated into other academic subjects in the regular educational program. Nutrition education also may be offered through before- and after-school programs.

*(cf. 5148.2 - Before/After School Programs)*  
*(cf. 6142.8 - Comprehensive Health Education)*

All students in grades K-12 shall be provided opportunities to be physically active on a regular basis. Opportunities for moderate to vigorous physical activity shall be provided through physical education, recess, school athletic programs, extracurricular programs, before- and/or after-school programs, and other structured and unstructured activities.

*(cf. 6142.7 - Physical Education)*  
*(cf. 6145 - Extracurricular and Cocurricular Activities)*  
*(cf. 6145.2 - Athletic Competition)*

The Superintendent or designee shall encourage staff to serve as positive role models. He/she shall promote and may provide opportunities for regular physical activity among employees. Professional development may include instructional strategies that assess health knowledge and skills and promote healthy behaviors.

*(cf. 4131 - Staff Development)*  
*(cf. 4231 - Staff Development)*  
*(cf. 4331 - Staff Development)*

The Board prohibits the marketing and advertising of non-nutritious foods and beverages through signage, vending machine fronts, logos, scoreboards, school supplies, advertisements in school publications, coupon or incentive programs, or other means.

*(cf. 1325 - Advertising and Promotion)*

### **Nutritional Guidelines for Foods Available at School**

The Board shall adopt nutritional guidelines for all foods available on each campus during the school day, with the objectives of promoting student health and reducing childhood obesity. (42 USC 1751 Note)

The Board believes that foods and beverages available to students at district schools should support the health curriculum and promote optimal health. Nutritional standards adopted by the district for all foods and beverages sold to students, including foods and beverages provided through the district's food service program, student stores, vending machines, fundraisers, or other venues, shall meet or exceed state and federal nutritional standards.

## **STUDENT WELLNESS (continued)**

*(cf. 3312 - Contracts)*

*(cf. 3550 - Food Service/Child Nutrition Program)*

*(cf. 3554 - Other Food Sales)*

*(cf. 5148 - Child Care and Development)*

*(cf. 5148.3 - Preschool/Early Childhood Education)*

The Superintendent or designee shall encourage school organizations to use healthy food items or non-food items for fundraising purposes. He/she also shall encourage school staff to avoid the use of non-nutritious foods as a reward for students' academic performance, accomplishments, or classroom behavior.

*(cf. 1230 - School-Connected Organizations)*

School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties and by limiting foods or beverages that do not meet nutritional standards to no more than one such food or beverage per party. Class parties or celebrations shall be held after the lunch period when possible.

### **Guidelines for Reimbursable Meals**

Foods and beverages provided through federally reimbursable school meal programs shall meet or exceed federal regulations and guidance issued pursuant to 42 USC 1758(f)(1), 1766(a), and 1779(a) and (b), as they apply to schools. (42 USC 1751 Note)

In order to maximize the district's ability to provide nutritious meals and snacks, all district schools shall participate in available federal school nutrition programs, including the National School Lunch and School Breakfast Programs, to the extent possible.

*(cf. 3553 - Free and Reduced Price Meals)*

### **Program Implementation and Evaluation**

The Board shall establish a plan for measuring implementation of this policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that each school site implements this policy. (42 USC 1751 Note)

*(cf. 0500 - Accountability)*

**STUDENT WELLNESS (continued)**

To determine whether the policy is being effectively implemented districtwide and at each district school, the following indicators shall be used:

1. Descriptions of the district's nutrition education, physical education, and health education curricula
2. Number of minutes of physical education instruction offered at each grade span
3. Number and type of exemptions granted from physical education
4. Results of the state's physical fitness test
5. An analysis of the nutritional content of meals served based on a sample of menus
6. Student participation rates in school meal programs
7. Any sales of non-nutritious foods and beverages in fundraisers or other venues outside of the district's meal programs
8. Feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons
9. Any other indicators recommended by the Superintendent and approved by the Board

The Superintendent or designee shall report to the Board at least every two years on the implementation of this policy and any other Board policies related to nutrition and physical activity.

**Posting Requirements**

Each school shall post the district's policies and regulations on nutrition and physical activity in public view within all school cafeterias or in other central eating areas. (Education Code 49432)

Each school shall also post a summary of nutrition and physical activity laws and regulations prepared by the California Department of Education.

*Legal Reference: (see next page)*

**STUDENT WELLNESS (continued)***Legal Reference:*EDUCATION CODE

33350-33354 CDE responsibilities re: physical education  
 49430-49436 Pupil Nutrition, Health, and Achievement Act of 2001  
 49490-49494 School breakfast and lunch programs  
 49500-49505 School meals  
 49510-49520 Nutrition  
 49530-49536 Child Nutrition Act  
 49540-49546 Child care food program  
 49547-49548.3 Comprehensive nutrition services  
 49550-49561 Meals for needy students  
 49565-49565.8 California Fresh Start pilot program  
 49570 National School Lunch Act  
 51210 Course of study, grades 1-6  
 51220 Course of study, grades 7-12  
 51222 Physical education  
 51223 Physical education, elementary schools  
 51795-51796.5 School instructional gardens  
 51880-51921 Comprehensive health education

CODE OF REGULATIONS, TITLE 5

15500-15501 Food sales by student organizations  
 15510 Mandatory meals for needy students  
 15530-15535 Nutrition education  
 15550-15565 School lunch and breakfast programs

UNITED STATES CODE, TITLE 42

1751-1769 National School Lunch Program, especially:  
 1751 Note Local wellness policy  
 1771-1791 Child Nutrition Act, including:  
 1773 School Breakfast Program  
 1779 Rules and regulations, Child Nutrition Act

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.31 National School Lunch Program  
 220.1-220.21 National School Breakfast Program

COURT DECISIONS

Frazer v. Dixon Unified School District, (1993) 18 Cal.App.4th 781

*Management Resources:*CSBA PUBLICATIONS

Nutrition Standards for Schools: Implications for Student Wellness, Policy Brief, rev. October 2007  
Food Safety Requirements, Fact Sheet, October 2007  
Physical Education and California Schools, Policy Brief, rev. October 2007  
Monitoring for Success: Student Wellness Policy Implementation Monitoring Report and Guide, 2007  
Promoting Oral Health for California's Students: New Roles, New Opportunities for Schools, Policy Brief, March 2007  
Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, rev. April 2006  
School-Based Marketing of Foods and Beverages: Policy Implications for School Boards, Policy Brief, March 2006

CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS

Healthy Children Ready to Learn, January 2005  
Health Framework for California Public Schools, Kindergarten Through Grade Twelve, 2003

*Management Resources continued: (see next page)*

STUDENT WELLNESS (continued)

Management Resources: (continued)

CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS (continued)

Physical Education Framework for California Public Schools, Kindergarten Through Grade 12, 1994

CALIFORNIA PROJECT LEAN PUBLICATIONS

Policy in Action: A Guide to Implementing Your Local School Wellness Policy, October 2006

CENTERS FOR DISEASE CONTROL AND PREVENTION PUBLICATIONS

School Health Index for Physical Activity and Healthy Eating: A Self-Assessment and Planning Guide for Elementary and Middle/High Schools, 2004

Making It Happen: School Nutrition Success Stories, 2005

NATIONAL ASSOCIATION OF STATE BOARDS OF EDUCATION PUBLICATIONS

Fit, Healthy and Ready to Learn, 2000

U.S. DEPARTMENT OF AGRICULTURE PUBLICATIONS

Dietary Guidelines for Americans, 2005

Team Nutrition, Food and Nutrition Services, Changing the Scene, Improving the School Nutrition

Environment: A Guide to Local Action, 2000

WEB SITES

CSBA: <http://www.csba.org>

Action for Healthy Kids: <http://www.actionforhealthykids.org>

California Department of Education, Nutrition Services Division: <http://www.cde.ca.gov/ls/nu>

California Department of Public Health: <http://www.cdph.ca.gov>

California Healthy Kids Resource Center: <http://www.californiahealthykids.org>

California Project LEAN (Leaders Encouraging Activity and Nutrition):

<http://www.californiaprojectlean.org>

California School Nutrition Association: <http://www.calsna.org>

Centers for Disease Control and Prevention: <http://www.cdc.gov>

Dairy Council of California: <http://www.dairycouncilofca.org>

National Alliance for Nutrition and Activity: <http://www.cspinet.org/nutritionpolicy/nana.html>

National Association of State Boards of Education: <http://www.nasbe.org>

National School Boards Association: <http://www.nsba.org>

School Nutrition Association: <http://www.schoolnutrition.org>

Society for Nutrition Education: <http://www.sne.org>

U.S. Department of Agriculture, Food Nutrition Service, wellness policy:

[http://www.fns.usda.gov/tn/Healthy/wellnesspolicy\\_steps.html](http://www.fns.usda.gov/tn/Healthy/wellnesspolicy_steps.html)



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Death Valley Academy  
Death Valley Elementary  
Shoshone Elementary  
Tecopa Francis Elementary

James M. Copeland  
District Superintendent / Principal

## Certification of Minutes Death Valley Unified School District

We certify that these are the adopted minutes of the meeting of the DVUSD Board  
of Trustees held on August 22, 2017.

Board President Terese Stevenson Date 9-14-2017

Board Clerk Charles L. Messer Date 9-14-2017

Minutes of the  
**Death Valley Unified School District  
Board of Trustees**

Regular Meeting

August 22, 2017

Teresa Stevenson called the meeting of the Death Valley Unified School District Board of Trustees to order at 3:10 p.m. at the District Office in Shoshone. Other members present were Ethel Messer and Debra Watterson. Crystal Aldrich and Mandi Campbell were absent.

**Motion 065-2017**

Debra Watterson made a motion to adjourn to **closed session** at 3:10 p.m. Ethel Messer seconded and the motion was unanimously approved.

**Motion 066-2017**

Debra Watterson made a motion to adjourn to **open session** at 3:39 p.m. Ethel Messer seconded and the motion was unanimously approved.

**Pledge of Allegiance**

**HEARING SESSIONS**

**I. ACTION ITEMS**

**Personnel and Curriculum**

**Motion 067-2017**

Ethel Messer made a motion to hire Brenda McNeese as a substitute teacher effective September 1, 2017. Debra Watterson seconded and the motion was unanimously approved.



- Motion 068-2017** Debra Watterson made a motion to hire Marieta Perkins as an on call daily rate teacher at a rate of \$325.00 per day effective September 1, 2017. Ethel Messer seconded and the motion was unanimously approved.
- Motion 069-2017** Ethel Messer made a motion to hire Marty Hogue as an on call daily rate teacher at a salary of \$325.00 per day retroactive to August 21, 2017. Debra Watterson seconded and the motion was unanimously approved.
- Motion 070-2017** Ethel Messer made a motion to hire Kate Knight as a part-time bus driver for school year 2017-2018, not to exceed 950 hours a year. This is a retroactive hire to July 1, 2017 at Range 10, Step 6 of the Classified Salary Schedule. Debra Watterson seconded and the motion was unanimously approved.

### **Business/Transportation and Operation**

- Motion 071-2017** Ethel Messer made a motion to adopt the 2017-2018 bus schedules as presented. Debra Watterson seconded and the motion was unanimously approved.
- Motion 072-2017** Ethel Messer made a motion to approve the 2017-2018 Consolidated Application retroactive to June 28, 2017. Debra Watterson seconded and the motion was unanimously approved.
- Motion 073-2017** Ethel Messer made a motion to approve the DVUSD Food Safety and Sanitation Standard Operating Procedures. Debra Watterson seconded and the motion was unanimously approved.
- Motion 074-2017** Debra Watterson made a motion to approve BP 5030 - Student Wellness policy, retroactive to July 1, 2016 and effective through June 30, 2018. Ethel Messer seconded and the motion was unanimously approved.
- Motion 075-2017** Ethel Messer made a motion to approve the following Consent Agenda:
1. Minutes of the June 20, 2017 Special Meeting of the DVUSD Board of Trustees.

2. District payroll in the amount of \$87,276.99 for June, 2017 and \$27,313.85 for July, 2017.
3. Warrant orders in the amount of \$51,596.62 for June, 2017 and \$38,103.78 for July, 2017.
4. Minutes of the August 9, 2017 special meeting of the DVUSD Board of Trustees.
5. Purchase orders in the amount of \$564.00 for June, 2017 and \$5,427.25 for the month of July, 2017.
6. Open purchase orders #180001 through #180017, #180019 through #180023 and #180026 through #180029, retroactive to July 1, 2017 and valid until June 30, 2018.
7. Delete Stacy Frick as district authorized agent and add Cheryl Copeland as a temporary authorized agent.

Debra Watterson seconded and the motion was unanimously approved.

## **II. UNLESS OTHERWISE ANNOUNCED, THE NEXT MEETING WILL BE:**

**Date:** September 12, 2017  
**Place:** Charles Brown Auditorium - Shoshone  
**Time:** 5:00 p.m. – Closed Session  
5:30 p.m. -- Open Session

### **Motion 076-2017**

Ethel Messer made a motion to adjourn the meeting at 4:16 p.m. Debra Watterson seconded and the motion was unanimously approved.